



Welcome Families!

Little Run Health & Safety Protocols 2021/2022

Wednesday, August 18, 2021

Zoom Tools



Turn microphone on/off



Turn camera on/off



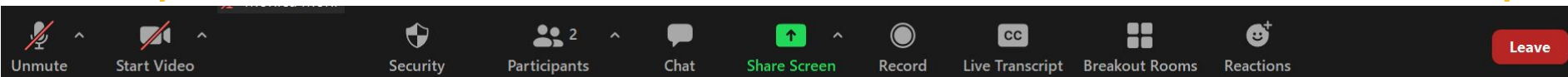
Access chat to ask questions



Raise hand and use emojis



Exit Meeting



Continuity of Learning



- VA public schools required under SB 1303 to provide five days a week of in-person instruction.
- FCPS is committed to continuity of learning during the 2021-22 school year and the school division is using layered prevention strategies to do everything possible to ensure our schools remain safe, healthy and open. Our plan is to remain open using these strategies unless directed otherwise by health officials or Executive Order.
- FCPS has plans in place to ensure continuity of learning in the event health authorities or an Executive Order require a temporary closure to protect the health of students, staff, and the community.

Mental Health and Wellness



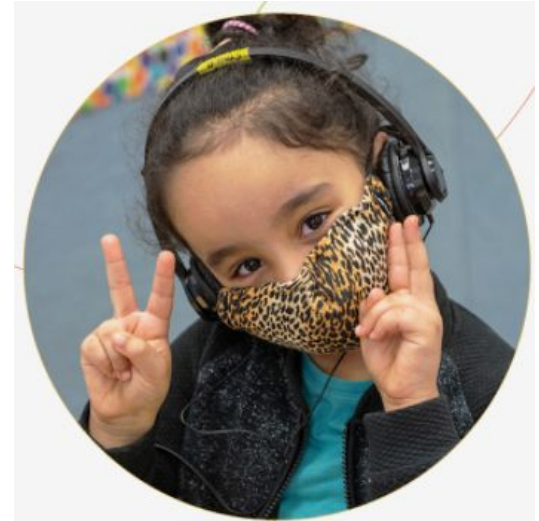
- All children and youth face challenges from time to time managing emotions such as feeling depressed, anxious, or worried.
- As students prepare to return to in-person learning, these emotions may be heightened.
- Our school counselor, school psychologists, and school social worker is available to support all students as they transition back to their school buildings.
- If you or someone you care about is experiencing a mental health crisis, or if you believe there may be a mental health emergency, call 911. Additional resources are available at www.fcps.edu and search Mental Health Emergency Services.



Layered Prevention Strategies



- Masks
- Vaccination
- Health screening
- Cleaning & disinfecting
- Hand hygiene & respiratory etiquette
- Ventilation
- Contact tracing & quarantining



Mask Policy



- Masks are required for all staff and students who are two years of age and older.
- Temporary exceptions, such as while eating, drinking or exercising
- Masks are not required while outside for recess or PE; however, they are recommended for unvaccinated individuals while outside if in a crowded setting or during activities that involve close sustained contact.
 - Please talk with your child about your mask preference during PE & recess.
- There may be medical exemptions, which require a written statement from a doctor.
- Any student not wearing a face mask upon arrival to school will receive a mask.

Health Screening



- All staff and visitors must complete the daily health screening questionnaire prior to arriving on campus. The daily health screening questionnaire will be completed on an honor basis and will not be required to be submitted to the school.
- Parents/guardians are required to complete the daily health screening questionnaire prior to sending the student to school each morning. The daily health screening questionnaire will be completed on an honor basis and will not be required to be submitted to the school.
- A **daily health screening questionnaire** is available in the following languages: **English**, **Amharic**, **Arabic**, **Chinese**, **Farsi**, **Korean**, **Spanish**, **Urdu**, and **Vietnamese**.

Cleaning & Disinfecting

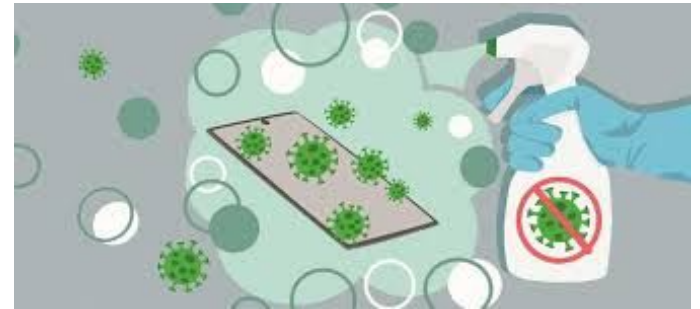


Cleaning Methods/Processes

FCPS cleaning personnel will be sanitizing and disinfecting more frequently. Their cleaning protocol will include thoroughly disinfecting and sanitizing all surfaces, doors, toilets, and handles, and ensuring that all supplies are always fully stocked.

Increased Cleaning to High-Touch Surfaces/Points

FCPS cleaning crews will be sanitizing touch surfaces/points thoroughly such as door handles, glass, elevators buttons, doors, tables, chairs, and light switches. Daytime custodians have been instructed to continuously disinfect and sanitize all touch points throughout the day. In addition, we will be increasing daytime custodian coverage where appropriate, depending on building occupancy.



Hand Hygiene & Respiratory Etiquette



- Hand sanitizer dispensers are placed throughout the building.
- Hand sanitizer will be available in every classroom.
- Hand washing protocol will be reviewed with students.
- Hand washing and hand sanitizing will be encouraged throughout the day.
- Reminders on proper respiratory etiquette



Social Distancing



- In order to open schools at normal capacity, we are not required to social distance in the school setting.
- Little Run will strive for 3 feet of social distance throughout the school day, whenever possible.

Visitor Policy



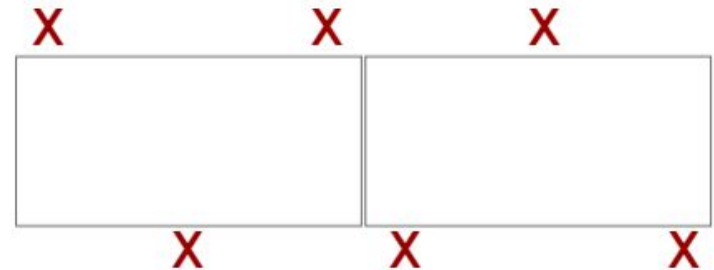
- Visitors will be limited.
- For now, families will not be able to come to the building for lunch or to help in the classrooms.
- Students should come to school each day with all needed materials. Should an important item be left at home, please come to Door 1/main entrance.
- Visitors must wear a mask.
- All visitors will be asked to sign in to our electronic sign-in system. Please bring your ID.

Breakfast/Lunch



All students will eat in the cafeteria:

- Students will maintaining 3 feet of social distancing at the cafe tables.
- Masks will be required when not eating and while in the serving line.
- A hot lunch will be served each day - free of charge.
- A grab and go breakfast will be offered each day - free of charge.
- Tables will be cleaned with Virex in between uses.
- Menus are available here: <https://fcps.nutrislice.com/>.



Snacks



- Students may eat snack outdoors, weather-permitting, or teachers will stagger snacking (by space or time) if eating indoors.
- Please pack nut free snacks
- Please send a water bottle (labeled with student name) with your child each day.



Recess



- One grade level outside at a time.
- Masks are recommended for unvaccinated people if in close proximity.
- Wash hands/sanitize before and after recess. Hand sanitizer will be available outside during recess.
- Playground equipment may be used.
- Recess equipment will be shared.



Bus Transportation



- Parents should have received information about bus schedules & routes directly from transportation.
- Students must wear a face covering when riding the school bus.
- Please be at the bus stop 5 minutes before scheduled pick up time.



Student Supplies

- Students will use their own supplies (pencils, crayons...)
 - Feel free to label supplies with your child's name
- When students use a common area (dress up, kitchen...) they should wash their hands before and after.
- Paper books may be used in the classroom
- Papers, tools, and supplies do not require an isolatic



School Health Room



- Support to students in the health room will continue to be provided by the School Health Aide.
- Students with Individualized Health or Action Plans who require specialized care, medication administration and emergency care will be seen in the health room.
 - Parents will be required to bring in medications needed to support their student during the school day prior to or on the first day of school.
- Wednesday, August 18 from 9am-3pm
Thursday, August 19 from 9am-12:30pm, 5pm-6:30pm
Friday, August 20 from 9am-3pm
- If you have any questions, you may call Ms. Andrews at 703-503-3510 or email agandrews@fcps.edu.

Cares Room



- We have one Cares Room that is our designated locations for students who exhibit symptoms of COVID-19 while at school.
- It is separate from the health room.
- A designated staff member will be assigned to supervise students in the Cares Room while waiting for the parent to pick up the student.
- If your child is sent home with Covid-like symptoms, you will have to bring back a [Return to School](#) form before your child can return.

Becoming Ill While at School

- Students will be sent home if they demonstrate:
 - fever greater than or equal to 100.4 Fahrenheit
 - new chills
 - new cough
 - new sore throat
 - new muscle aches
 - new loss of taste or smell
 - nausea, or diarrhea, abdominal pain
 - poor appetite
 - nasal congestion or runny nose
 - shortness of breath or difficulty breathing not due to another health condition
 - more tired than usual
 - headache

- Parents/guardians will be notified and are expected to pick up their child. Parents are to check in with the front office.





Student Illness at Home

- If a student becomes ill at home, PLEASE STAY HOME.
- Parents need to contact the school and report the reason for their child's absence.
- To report an absence, parents should:
 - email LittleRun@fcps.edu or
 - call 703-503-3535 or
 - fill out our student absence form on our website

What happens if my child is exposed to someone with COVID or someone in my house has tested positive for COVID?



- Contact the school to let them know about the exposure and make a plan for learning.
- The student must remain home for 14 days after their last exposure to the household member or as directed by the FC Health Department.

What happens if my child is diagnosed with COVID?



- Contact the school to inform of the positive case and make a plan for learning.
- The student must remain home until it has been at least 10 days since the student first had symptoms AND the student has been fever free without use of anti-fever medications (i.e. Tylenol) AND the student's symptoms are better.

In the event of a positive COVID Case...

PRIVACY IS TOP PRIORITY

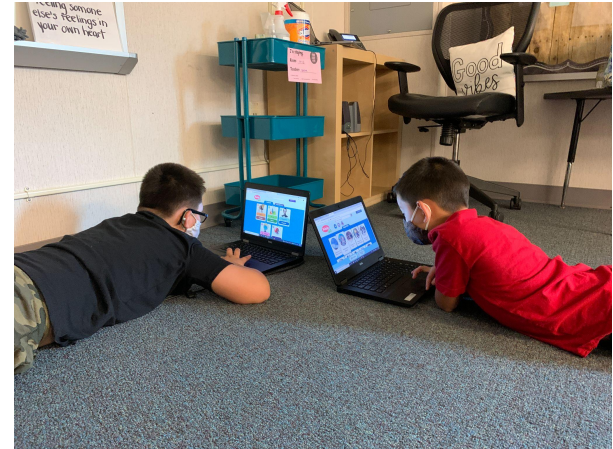


A school email to say there's been a positive case of a staff/student who has been in the building in the last 14 days.

Student Laptops



- **ALL students will be assigned a laptop.**
 - Preschool's laptops will stay at home.
 - Grades K-2 will stay in school.
 - Grades 3-6 will go back & forth between home & school (please charge it every night!)



How Can I Prepare My Child?



- Practice wearing a mask at home for extended periods of time.
- Send child with shoes and clothing they can manage on their own. Put student name on jackets/sweaters, lunch boxes, water bottles, etc.
- Food sent from home should be in containers students can open on their own.
- Start shifting your at-home schedule to get your child up, dressed and ready by 8:00 AM to get them used to the need to transition to school.

Students Should Bring Each Day



- Masks - We recommend keeping 2 extra in backpack
- Refillable water bottle - labeled with student name
- Snack
- Lunch (if bringing from home)
- Instrument (if taking band/strings)
- Sweatshirt/jacket for varied temperatures
- Fully charged laptops for students in grades 3-6



General Updates



UPDATE

Schoology



More parent information about Schoology [here](#)

Religious & Cultural Observances



On the 15 observance days listed, Little Run will NOT:

- Schedule tests or quizzes.
 - We will schedule all tests and quizzes so that students do not need to study over holidays.
- Teach new content.
- Schedule events including field trips or special activities.

Religious & Cultural Observances



The calendar recognizes 15 diverse religious and cultural observances including:

- Eid al-Adha
- Rosh Hashanah
- Yom Kippur
- Día de los Muertos
- Diwali
- Bodhi Day
- Three Kings Day/Epiphany
- Orthodox Christmas
- Orthodox Epiphany
- Lunar New Year
- Ramadan
- Good Friday
- Theravada
- Orthodox Good Friday
- Last Night of Passover
- Eid al-Fitr

**The 2021-22 calendar also separates spring break from any religious or cultural observances.*

Little Run Bell Schedule



Kindergarten - 6th:

8:30 a.m. - 3:15 p.m.

*Students may arrive starting at 8:15 a.m.

PAC:

Monday & Wednesday 8:45 a.m. - 12:05 p.m.

Tuesday, Thursday & Friday 8:45 a.m. - 3:30 p.m.

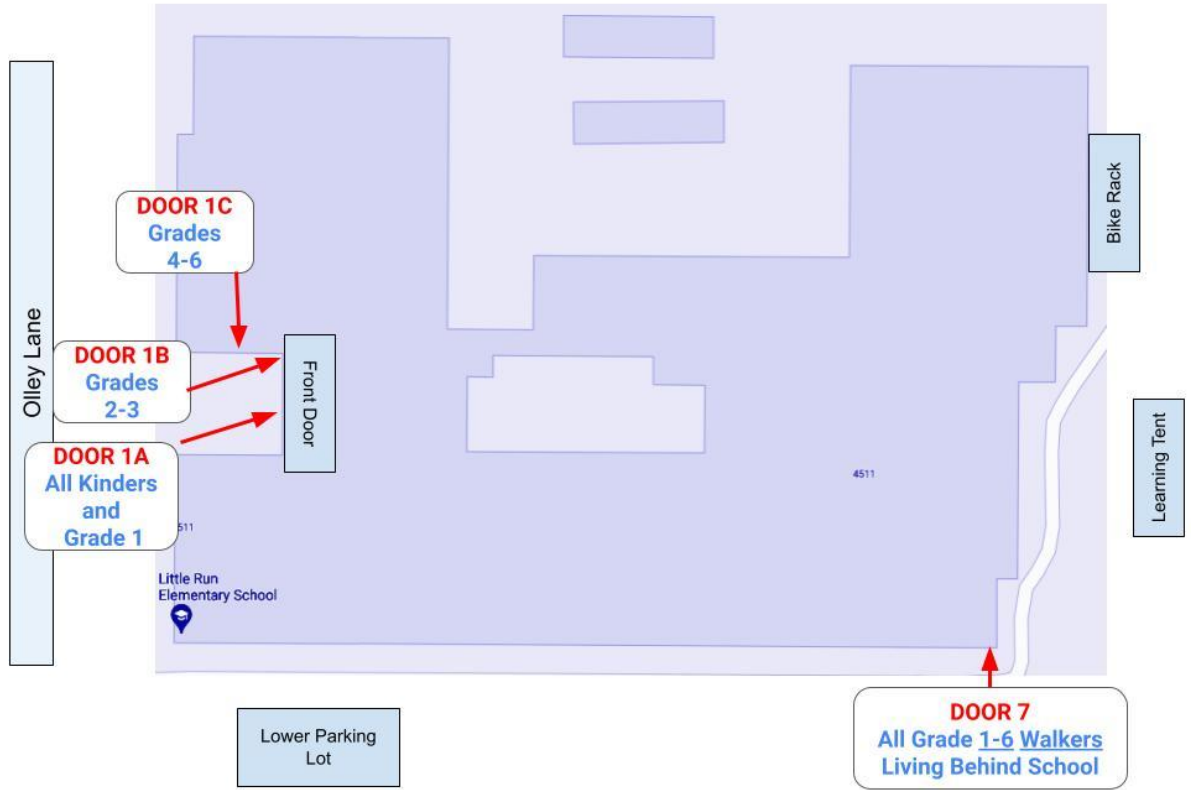
AM Preschool:

8:45 a.m. - 12:05 p.m.

PM Preschool:

12:10 p.m. - 3:30 p.m.

Student Arrival & Dismissal Locations





Open House: Thursday, August 19th 5:00 – 6:30

	ROTATION 1 5:30 p.m. – 5:55 p.m.	ROTATION 2 6:00 – 6:30 p.m.
Classrooms	Open House: Students with Last Name A -L	Open House: Students with Last Name M -Z
Library	Health & Safety Question & Answers with Ms. Mohr and Ms. Vaughan	Health & Safety Question & Answers with Ms. Mohr and Ms. Vaughan
Cafeteria	Visit tables to meet our Specialists, learn about the PTA, and to order Spirit Wear	Visit tables to meet our Specialists, learn about the PTA, and to order Spirit Wear

School Contacts



Monica Mohr, Principal, memohr@fcps.edu or 703-503-3500

Colleen Vaughan, Assistant Principal, cavaughan@fcps.edu or 703-503-3500



What's on Your Mind?